



Would you know what to do in an emergency? Get trained. Be prepared.

When it comes to first aid and CPR training, you never know when you'll need it! Second Chance CPR & First Aid offers a wide range of courses at very competitive prices. Our professional, relaxed atmosphere will prepare you for employment in a variety of industries - or give you the skills you need to help a loved one, a co-worker or a stranger. Register online today or contact us for more information on any of our safety or first aid courses or for group bookings!

COURSE DESCRIPTIONS

Emergency First Aid

This 1-day course serves as an introduction to First Aid, concentrating primarily on CPR skills, controlling bleeding, treating shock and breathing emergencies.

Apex Training Solutions Inc. - Valid for 3 years - 8 hrs classroom
Approved by Workplace Health & Safety

Standard First Aid

The most commonly required training course in the workplace. In addition to CPR, this course offers valuable information and skills that will allow you to be an effective first aider until EMS arrives.

Apex Training Solutions Inc. - Valid for 3 years - 16 hrs classroom
Approved by Workplace Health & Safety

Standard First Aid Recertification

If your Standard First Aid certification is in effect, you may be eligible to enrol in a 1-day Standard First Aid Recertification course. Along with CPR, this course offers valuable information and skills so that you can be effective in an emergency situation until EMS arrives.

Apex Training Solutions Inc. - Valid for 3 years - 9 hrs classroom
Approved by Workplace Health & Safety

Standard First Aid - Healthcare Provider CPR

Taught by qualified Heart & Stroke Foundation of Canada instructors, this comprehensive first aid course is recommended for those who work or study as healthcare providers (ie: nursing, medicine, dentistry, chiropractic, rehabilitation, etc.)

Heart & Stroke Foundation of Canada - Re-training recommended yearly
Apex Training Solutions Inc. - Valid for 3 years - 13 hrs classroom
Approved by Workplace Health & Safety

Healthcare Provider CPR

Taught by qualified Heart & Stroke Foundation of Canada instructors, this 4-hour CPR course is recommended for those who work or study as healthcare providers (ie: nursing, medicine, dentistry, chiropractic, rehabilitation, etc.)

Heart & Stroke Foundation of Canada - 4 hrs classroom
Re-training recommended yearly

Healthcare Provider CPR - Renewal

The Healthcare Provider CPR Renewal course is typically required for anyone who works or studies as a healthcare provider. You MUST have a valid HCP certificate within 1 year of issue to qualify.

Heart & Stroke Foundation of Canada - 3.5 hrs classroom
Re-training recommended yearly

Level C CPR

Taught by qualified Apex Training Solutions instructors, this course is recommended for anyone who is not a Healthcare Provider. Take this course as a pre-requisite for work or school, or just to brush up on your knowledge of cardio-pulmonary resuscitation for adults, children and infants. Includes AED training, which everyone should know!

Apex Training Solutions Inc. - Valid for 3 years - 6 hrs classroom
Approved by Workplace Health & Safety
Recertification courses available

Level A/A+ CPR

The Level A/A+ CPR course includes adult CPR, AED training and may include child and/or infant CPR, in addition to other topics related to heart issues and choking. Please contact us for more information about this course.

Apex Training Solutions Inc. - Valid for 3 years - 4-6 hrs classroom
Approved by Workplace Health & Safety

Babysitting Course

This nationally-recognized course is offered to anyone 11 years of age or older. The program involves a variety of hands-on activities and training on how to handle emergencies. Group bookings are welcome!

Canadian Red Cross - 8 hrs classroom

First Aid FUNDamentals

The primary goal of the First Aid FUNDamentals program is to have participants aged between 9-11 understand when to get help, from whom and how to gauge the urgency of a situation. Following the completion of the 'First Aid FUNDamentals Workbook', students will participate in a 2 hour session led by a qualified instructor.

Apex Training Solutions Inc.
Contact us for more information about this course

Office Hours:
Monday - Friday
8:30 am - 4:30 pm

info@firstaidsafetytraining.ca

Phone: (780) **429-6757**

Suite 103, 11710 Kingsway Avenue Edmonton, AB T5G 0X5

Your Safety Training Specialists



Second Chance
CPR & FIRST AID

Need training? Our courses are different!

Whether you need first aid training for school, for work or to just keep your certification up to date, our courses are innovative and fun. From First Aid to CPR to babysitting courses, we can accommodate your schedule and your needs.

Our central location, competitive pricing, relaxed, professional atmosphere and our great instructors keep students coming back every time they need re-certification or new courses. In fact, all this has made our facility the Consumer Choice for Safety Training in Edmonton.

Register today with Second Chance CPR & First Aid, a leading provider of training in Edmonton for over 20 years!

Emergency First Aid	(2-3 per week)	8 hours	\$110.00
Standard First Aid (SFA)	(2-3 per week)	16 hours	\$145.00
Standard First Aid Recertification	(1-2 per month)	9 hours	\$115.00
SFA Healthcare Provider CPR	(monthly/seasonal)	13 hours	\$160.00
Healthcare Provider CPR	(4-5 per month)	4 hours	\$100.00
Healthcare Provider CPR Renewal	(4-5 per month)	3.5 hours	\$ 75.00
Level C CPR	(2-3 per week)	6 hours	\$ 85.00
Level A/A+ CPR	(by group request)	4-6 hours	Call for pricing
Babysitting Course	(1-2 per month)	8 hours	\$ 55.00
First Aid FUNdamentals	(by group request)		Call for pricing

Prices do not include GST.

Our sister company Spectrum Safety Services also offers a wide range of safety courses, including H2S Alive, OSSA Courses, Ground Disturbance, Confined Space, Fall Protection, Fire Extinguisher Training, TDG, WHMIS and many others.

Book your courses online anytime or call our office to register.
(course descriptions on reverse)

Customers may also access over 100 ONLINE Training Courses through our website.

www.firstaidsafetytraining.ca



Second Chance CPR & First Aid
is a proud sister company of Spectrum Safety Services
Four Time Consumer Choice Award Winner - Best Safety Training Company

